



Republic of Namibia  
Annotated Statutes

**REGULATIONS**

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REGULATIONS MADE IN TERMS OF

**Allied Health Professions Act 7 of 2004**

section 55 read with section 19(1)

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**Regulations relating to the Minimum Requirements of Study for  
Registration as a Therapeutic Masseur**

Government Notice 288 of 2013

(GG 5331)

came into force on date of publication: 4 November 2013

The Government Notice which publishes these regulations notes that they were made on the recommendation of the Allied Health Professions Council of Namibia.

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**ARRANGEMENT OF REGULATIONS**

1. Definitions
2. Minimum requirements of study for registration as a therapeutic masseur
3. Recognition of qualification by Council

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**Definitions**

1. In these regulations a word or an expression to which a meaning has been assigned in the Act has that meaning and unless the context indicates otherwise -

“therapeutic masseur” includes a therapeutic masseuse;

“the Act” means the Allied Health Professions Act, 2004 (Act No. 7 of 2004).

**Minimum requirements of study for registration as a therapeutic masseur**

**REGULATIONS**  
**Allied Health Professions Act 7 of 2004**

**Regulations relating to the Minimum Requirements of Study for Registration as a Therapeutic Masseur**

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2. (1) Subject to compliance with the other requirements prescribed by or under the Act, a person who is the holder of a diploma or certificate in therapeutic massage, obtained at any of the educational institutions prescribed by subregulation (2), after receiving full time education, tuition and training at that educational institution for a period of two years, may be registered by the Council as a therapeutic masseur.

(2) A diploma or certificate prescribed by subregulation (1) may be obtained at any of the following educational institutions:

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| (a) Cape Institute for Allied Health Studies, Cape Town           | South Africa;    |
| (b) Central Swiss Technical College for Medical Masseurs, Lucerne | Switzerland;     |
| (c) Institute of Natural Health, Cape Town                        | South Africa;    |
| (d) Potchefstroom Academy, Potchefstroom                          | South Africa; or |
| (e) Massage and Physio College, Oldenburg                         | Germany.         |

(3) Any person who is not the holder of a qualification prescribed by subregulation (1), but is the holder of a diploma or certificate in therapeutic massage, obtained at an educational institution after receiving full time education, tuition and training at that educational institution for a period of two years, may be registered, subject to compliance with the other requirements prescribed by or under the Act, by the Council as a therapeutic masseur.

(4) A qualification prescribed by subregulation (3) must include education, tuition and training in the following subjects:

- (a) Anatomy and Physiology;
- (b) Patho-physiology;
- (c) Pathology;
- (d) Physiology;
- (e) Theory and Practical of Massage Therapy, including deep tissue therapeutic massage, sport massage and remedial massage;
- (f) first aid;
- (g) nutrition; and
- (h) patient care.

**Recognition of qualification by Council**

3. Despite these regulations, the Council may not register as a therapeutic masseur any person who is the holder of a qualification prescribed by or referred to in regulation 2, unless -

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- (a) the educational institution at which that person obtained that qualification is approved by the Council for that purpose;
- (b) the registration authority responsible for the registration of a person to practise as a therapeutic masseur in the country in which that person obtained that qualification, recognises that qualification for registration to practise as a therapeutic masseur in that country; and
- (c) that person complies with the other requirements for registration as a therapeutic masseur prescribed by or under the Act.